



莓飛色舞

文圖 | 編輯部

Irresistible Strawberries Now in Season

想嚐嚐香甜的草莓嗎？草莓產期為11月到隔年4月，而以1、2月生產的果實最大最香，鮮豔的外觀和甜蜜的滋味令人無法抗拒。苗栗為草莓主要產地，許多農家歡迎遊客前往體驗

採果樂，採下的草莓吃法多變，不論是一口咬下新鮮果實，讓香甜的汁液在口中綻出，或是製成果乾、果醬慢慢享用，還是在蛋糕上放幾顆作為點綴，都讓生活充滿了幸福的氣息。



In Taiwan strawberries are harvested from November to April, with the choicest fruits available in January and February. The bright-red and sweet berries are indeed irresistible. Miaoli, the major producer, welcomes tourists

to pick strawberries in the fields. The fruits can be eaten fresh, processed into jam or simply dried. They are now often used to decorate cakes, thus adding a natural or tasty flavor.