

慢遊蓮花池

Time to Visit a Blossoming Lotus Pond

文圖 | 編輯部



蓮花從五月起盛開,以挺拔的身姿迎接炎熱天氣,現在正是到蓮花池遊玩的好時機。蓮花於每日清晨綻放,中午前即閉合,如要賞遊花朵綻放的綽約風姿,建議民衆把握時間,到蓮花池邊慢慢走一遭,更可享受清涼的氣息。而在蓮花凋謝後,六月起便有軟綿香滑的蓮子採收,可謂夏日美味,不容錯過。

The best time to visit a lotus pond is in May when the lotuses are in full bloom. The flowers unfold in the early morning and then fold before noon. To fully enjoy the blossoming scene, you are advised to take a leisurely stroll around the pond in the early morning. After the flowers fade away, the lotus seeds will be ready for harvesting beginning in June. When properly processed, the seeds are culinary delicacies.

