



酸酸甜甜好星情

Starfruit—Sweet and Sour

文圖 | 編輯部



外型獨特的楊桃，全年均可生產，而以秋冬生產的品質最佳，現在正是品嚐楊桃的好時機。鮮食用的甜楊桃鮮美多汁，具有微酸氣息，咀嚼後在口中逐漸回甘，風味絕佳；以酸楊桃做成的楊桃汁則是另一種享受楊桃的好選擇，鹹、甜、酸比例均衡，生津解渴，成為許多人記憶中的經典飲品，無論民衆喜歡甜的還是比較酸的口味，楊桃都能滿足我們的味蕾，立即帶來愉快好心情。

The starfruit is produced all the year around, but it tastes best in fall and winter. When eaten fresh, the fruit is tasty and juicy. Though slightly sour, the taste left after some chewing is sweet only. The juice made from the fruit is regarded by many as a rare delicacy because of a delicate balance between different tastes—salty, sweet and sour. Either the fruit or its juice can suit or please all palates.

