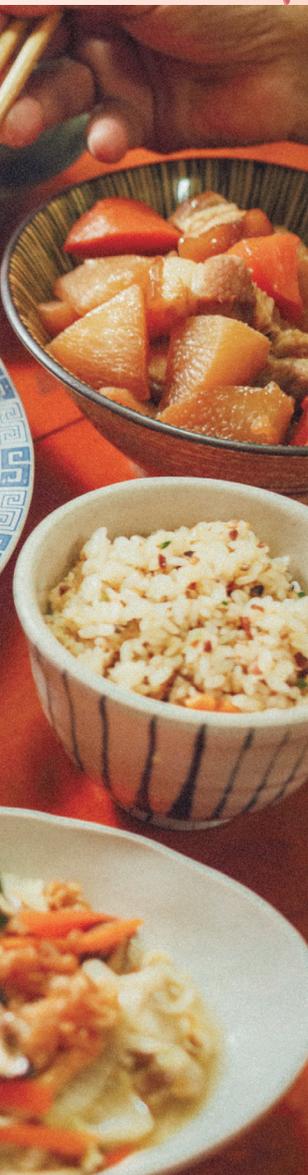


文圖 | 行政院農業委員會 (《豐盛與甘甜》, 林如萍主編)



平安守歲末，團圓過好年

A Great Feast Winds Up a Lunar Year



家中料理總是美味，裝載著人們成長過程的回憶累積。如：生病初癒，媽媽悉心熬煮補氣調養料理；家中慶祝大事時，歡欣加菜，而「年夜飯」更是全年最重要的一頓晚餐了。小時候，總喜歡看著媽媽在廚房大展身手，端出一道道家傳拿手好菜，聽媽媽娓娓道出美味佳餚的由來，長大後，搭上一手幫忙，跟著媽媽一起準備年夜菜，代代相傳的獨家手路菜，雋永滋味總讓遊子難以忘懷。您家年夜飯桌上一定會出現的菜色是什麼？而您最喜歡哪一道？

Domestic foods are always great; they carry with them fond memories of growing up. Nutrient delicacies prepared by one's mother always come in the wake of an illness. A family celebration cannot do without a delicious dinner. The sumptuous feast on the eve of the Lunar New Year ranks definitely as the most important family dinner. The mother normally cooks a dozen of delicate courses handed down from generation to generation for the family reunion.

