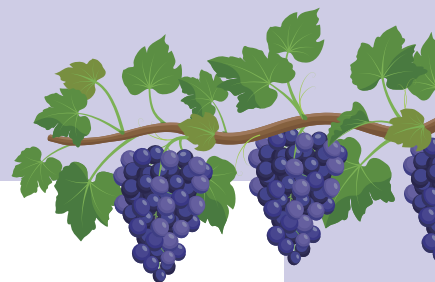


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名不虛傳的葡萄之王——巨峰

Kyoho—King of Grapes



說起酸甜多汁的水果，葡萄在你心目中排行第幾呢？在臺灣，最廣為人知的葡萄品種「巨峰」，其實是由日本培育而來，引進國內已超過半世紀，不僅深受國人喜愛，市占率也非常高。「巨峰」絕非浪得虛名，它的果粒碩大、渾圓飽滿，故有「葡萄之王」的美稱。如果你覺得鮮食一口一顆還不夠過癮，不妨試試看做成清涼夠勁的葡萄冰沙，記得不用特別去皮去籽，因為葡萄的皮和籽都具有豐富抗氧化物質，一起吃下，讓營養一次到位！

How do you rank grapes among fruits that are sweet, acid and juicy? The widely known Kyoho grapes were first bred in Japan and then introduced into Taiwan over 50 years ago. The grapes are so large and roundish that Kyoho is known as the king of grapes. When made into a smoothie, they taste so superb and refreshing. Don't even try to get rid of the peels and the seeds as they are good antioxidants.

